

Safety & Sea Survival Certificate
Refresher Course Information
Sunday 21 November 2021



The ORCV Safety & Sea Survival Refresher Course now consists of four different components being:

1. **Theory** – Online self-paced learning and exam
2. **Practical** – Wet Drill at Melbourne Sports and Aquatic Centre heated outdoor pool
3. **Practical** – Flare Shoot at Royal Brighton Yacht Club Hardstand
4. **Group Discussion** – at Royal Brighton Yacht Club

All of these components will be delivered as outlined below and need to be completed for you to revalidate your Safety & Sea Survival Certificate.

ONLINE THEORY

You have all been sent the link to ORCV's self-paced online learning platform "Learn Upon".

You need to complete and pass the exam prior to Sunday.

SUNDAY 21 NOVEMBER – PRACTICAL COMPONENTS

Sunday's SSSC practical components consist of:

WET DRILL at Melbourne Sports and Aquatic Centre (MSAC) Heated Outdoor Pool

FLARE SHOOT at the hard stand at Royal Brighton Yacht Club Hardstand

Everyone has been placed in a group of 10 people and you will remain in your group for both the Wet Drill at MSAC and the Flare Shoot at Royal Brighton Yacht Club.

Each group has been allocated with an ORCV Volunteer Group Leader, and you will meet this person after registration at MSAC. They are your contact person on the day, so please follow their instructions to ensure everything runs smoothly.

Wet Drill at MSAC

As per current government restrictions, you are required to wear your mask when indoors at MSAC and whenever you are unable to distance outdoors.

Everyone needs to be at MSAC promptly at 8:30am.

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We recommend you park in the multi-level car park which is directly opposite the outdoor pool entrance as shown here.



Once inside, you will need to check in and a MSAC person will confirm your double vaccination status before you head over to the poolside and ORCV registration desk.

When you reach the ORCV registration desk, please hand our volunteers these two forms:

- Medical Indemnity & Consent Form – download [here](#), fill out, print & sign and bring Sunday.
- Student Enrolment form - download [here](#), fill out, print & sign and bring Sunday.

Once both forms have been collected, you will be given your Refresher Course notes and your group number.

You will then make your way to your ORCV Volunteer Group Leader who will be identifiable by an ORCV t-shirt and/or be holding up a group number. Please make sure you go to the correct Group Leader and stay in that group for both the wet drill and the flare shoot.

Our time at MSAC is limited, so we need you to arrive dressed in your thermal and mid-layers so you do not have to spend time in the change rooms when you get there.

Please bring the following items with you from your car when you get to MSAC, making sure you have washed all your clothing and wet weather gear beforehand and have emptied all pockets.

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- Outer layer or wet weather sailing jacket.
- Sea boots (if you have them, other sailing shoes if you do not)
- Towel
- Change of clothes, including closed-toe shoes that are required for the flare shoot
- Lifejacket with crotch strap
- Mask

Changerooms are available at the conclusion of the wet drill. Please make sure you check you haven't left anything behind before you leave.

You will then need to return to your car and make your way to Brighton Yacht Club for the flare shoot.

Flare Shoot at Royal Brighton Yacht Club

The second practical component of Sunday's SSSC is the flare shoot, taking place at the hard stand at Royal Brighton Yacht Club (RBYC). See map below.



We have allowed enough time for you to dry, change, return to your car, travel to RBYC, find a car park and meet your Volunteer Group Leader at the designated location (as per the attached map).

Please make sure that are wearing closed-toe shoes when you arrive for the flare shoot.

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GROUP DISCUSSION

At the conclusion of the flare shoot your Group Leader will escort you to our designated area within RBYC so you can take part in the Group Discussion.

Please bring a notepad and pen and be prepared to contribute examples of your own past sailing experiences and Standard Operating Procedures (SOP's). In the group session our instructors and participants share experiences and focus on important lessons learned from recent incidents.

Please also bring your completed Refresher Incident Worksheet (part of the online theory component) for the group discussion.

SAFETY AND SEA SURVIVAL CERTIFICATE

ORCV will mark your course as completed only if you have done all the components being: Online self-paced learning and exam, wet drill, flare shoot and group discussion.

Partial completion of any elements of this course cannot be carried over into another course. For example; if you do the online learning and exam, but do not attend the Sunday practical and group discussion you will not be marked as "passed" and you will need to do the whole course again.

PARKING & PUBLIC TRANSPORT

Parking is available at both MSAC and RBYC (see maps for details)

If you are catching public transport to MSAC, please advise your Group Leader when you get to MSAC that you will require transport from MSAC to RBYC and this will be organised for you.

Both sites have paid parking close by and areas where you might find a free car park are outlined on the maps. Please allow enough time to make your way on foot to the venue.

Middle Brighton train station is located 1.3 kms from Royal Brighton Yacht Club.

COVID PROTOCOLS

Both MSAC and RBYC have agreed to host ORCV and we are obliged to follow their specific Covid Safe practices.

You must be double vaccinated, and provide proof of such via the Service Victoria app.

If you are feeling unwell, have been advised to isolate while awaiting test results or have Covid 19, please contact training@orcv.org.au and do not attend on Sunday.